



Who Could Benefit from Our Amino Acid Supplements

- **PROFESSIONALS** – Thinking needs to be quick, clear, and accurate in an environment of deadlines and results.
- **HECTIC LIFE** – Those that feel there is not enough time to always eat healthy meals, may feel run down.
- **HEALTHY LIFERS** – Those looking for a lifetime of support that your future self will appreciate.

When life's demands are high, the brain's ability to communicate and function effectively can be negatively impacted. This may affect your overall mental and physical wellbeing.

The Need for Balanced Support

Providing balanced nutrients can support healthy normal serotonin and dopamine, which is known to support optimal brain health.

Our formulations support optimal brain health by focusing on balanced serotonin and dopamine precursors, which many other amino acid products ignore or fail to support.

***DISCLAIMER:** These statements have not been evaluated by the Food and Drug Administration (FDA). CHK Nutrition's products are not intended to treat, diagnosis, cure mitigate or prevent any diseases.

Amino Acid Supplements *Developed from Scientific Research*

PRAISES & ACCOLADES

I can move more freely and the fog has lifted. I am taking yoga, lifting weights and even taking SPIN classes. Even my close family and friends have noticed how much better I sound and act.

— M.J., Texas

As I feel better, I am signing up for more running races than I have in the past and taking more initiative to live a better life.

— F.B., Nebraska



Scientifically Researched • Premium Ingredients • Reliably Delivered

Your CHK Nutrition Provider is

BRAIN HEALTH *(Optimized)*

Is your **nutritional intake adequate** to fully support optimal brain health?



Neurotransmitter Support *The Natural Way*



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Has Running Your Life Left You Feeling Rundown?

Life's day-to-day grind can create challenges that impact your health. Beyond managing a long to-do list, your health can be affected by stressors, environmental toxins, what you consume or fail to consume, certain medications and genetic factors.

As a result of these burdens, you may feel rundown, overwhelmed or "not quite yourself". When life's demands are high, the brain's ability to communicate and function effectively can be negatively impacted, which may affect your overall wellbeing.

How is Brain Health Related to General Health and Wellness?

When the demands placed on you and the resources available to manage those demands do not match, your brain may struggle to cope with these challenges. As a result, some people may feel unfocused, overwhelmed and rundown.



CHK Nutrition's Supplement Formulations Support and Optimize Your Brain Health



- 5 HTP
- L-Tyrosine
- L-Lysine
- Calcium
- Folate
- Vitamin B6
- Vitamin C
- Mucuna Pruriens*
*(found in D5)

D5 contains Mucuna 40%, a natural source of L-dopa.

NeuroReplete & D5 Promote Brain Health and Provide Balanced Nutrients

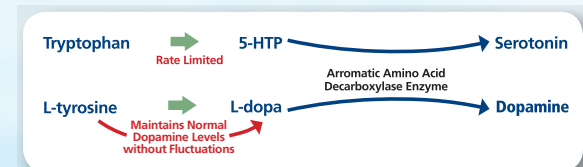
- Supports healthy, normal serotonin, dopamine, norepinephrine and epinephrine production
- Supports a healthy, normal enteric system, which is associated with gastrointestinal health (Gut health)
- Supports healthy, normal neurotransmitter levels and promotes post-synaptic neuron firing

Scientific research has found these products support:

- Healthy, normal feeling of wellbeing
- Healthy, normal reward drive
- Healthy, normal sleep
- Healthy, normal motivation
- Healthy, normal memory and learning
- Healthy, normal focus
- Healthy, normal appetite

Why Balanced Amino Acid Supplementation is Essential

The need for balanced amino acid precursor administration is necessary because the enzyme that converts L-dopa into dopamine is the same enzyme that converts 5-HTP into serotonin.



The proper ratio and chemistry of balanced administration is more complex than can be covered here. However, a simple explanation is both precursors are fighting to become their next molecule. When there is more of one, the other won't get its turn as often.

The Science of CHK Nutrition's Amino Acid Nutrient Formulas

Scientifically Researched Nutrients to Support Your Optimal Health

CHK Nutrition's amino acid formulas are based on scientific research that focused on brain, gut and overall health. This research has been ongoing for more than 25 years and addresses the applications



of amino acid supplementation in terms of health benefits, impact on wellness and quality of life.

This ongoing research represents our unwavering commitment to safety, reliability and effectiveness.